


Southern Retina, LLC

CHARLES L. HARRIS, MD

State-of-the-art retinal care that's focused on you



EYE NUTRITION FORMULA

High Potency Lutein/Zeaxanthin
Activated Folate • Natural Vitamin E

MORE NATURAL VITAMIN
FOR YOUR MACULA AND RETINA

Smaller pills and more nutrients than other vitamins with cost savings.

CONFUSION AT THE DRUG STORE SOLVED

The number of eye supplements at the stores we patronize are overwhelming. Ingredients you do not need and not enough of what you do need for macular health is a concern. This formulation addresses those issues by containing only what has been shown, in well-designed studies and clinical trials, to help the macula and retina. This vitamin is designed for people with macular

degeneration or a family history of macular degeneration.

SUPPLEMENT FACTS		
Serving Size: 2 Capsules	Servings Per Container: 60	
	Amount Per Serving	%DV
Vitamin C (ascorbic acid)	500 mg	833 %
Vitamin E (d-alpha tocopherol)	400 IU	1,333 %
Vitamin B-6	50 mg	2,500 %
Folate (5-methylfolate)	800 mcg	200 %
Vitamin B-12 (methylcobalamin)	1000 mcg	16,667 %
Zinc (citrate)	25 mg	167 %
Copper (citrate)	1 mg	50 %
Lutein (standardized to 5% zeaxanthin)	30 mg	*

* Daily Value not established

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You need to know:

Lutein

To replenish the macular cells, higher potency is needed than is widely available. This formula offers much more lutein for less cost.

Folate

Better than folic acid: Activated (methyl) folate is more natural, better absorbed and has a better safety profile.

B vitamins

A large study over 7 years showed patients taking B vitamins in high potency had fewer cases of new macular degeneration and slowed progression.

A.R.E.D.S

The Age Related Eye Diseases Study (AREDS) - showed high levels of antioxidants and zinc in this formula can reduce the risk of developing advanced macular degeneration by 25 percent.

Cost savings

This combination costs over 60 dollars in stores and online, and would have to be purchased as 3 separate bottles and 4 pills a day.